

## STARTERS

### FRESH HOMEMADE SOUP OF THE DAY

Served with homemade soda bread

€4.00

### CREAMY WEST COAST SEAFOOD CHOWDER

Served with homemade soda bread

€5.50

### KING PRAWN CAESAR SALAD

Juicy king prawns tossed in cos lettuce with crumbled Parmesan cheese,

€5.95

toasted croutons & Caesar dressing.

### PERI PERI CHICKEN WINGS

To die for chicken wings smothered in a delicious chilli peri peri sauce served with a cool blue cheese dip & celery stick.

€5.95

### CRISPY POTATO SKINS

€5.50

Crispy baked potato skins stuffed with delicious creamed potato, Smoked bacon and melted mozzarella and cheddar cheese

### BREADED GARLIC MUSHROOMS

€4.95

Deep fried mushrooms smothered in garlic butter with a dollop of garlic mayo with a crisp salad on the side

### CLASSIC EGG MAYONNAISE

€4.50

Hard-boiled eggs with lashings of mayo and a crisp salad.

## BEEF

Our prime beef & lamb served in Poachers is sourced locally and is fully traceable.

### **10 OZ SIRLOIN STEAK** €21.95

*Sauces: Creamy Black peppercorn Sauce, Garlic Sauce, Barbecue Sauce, Jack Daniels Sauce*

Served on Lyonnaise Potato & garnished with fried onions, with a choice of fresh vegetables & potato or side salad & chips

### **STIR FRIED SIRLOIN OF BEEF STRIPS** €15.95

Tender strips of sirloin seasoned to perfection, then cooked in a fresh chilli & cream sauce and served with savoury rice & chips

### **STEAK BAGUETTE** €15.95

Sirloin strips cooked to your liking served in a baguette with sautéed mushrooms & onions, accompanied with side salad & chips

### **MIXED GRILL** €17.95

Bacon, sausage, pudding, egg, tomato, mushrooms, lamb chop, steak, mushy peas & chips.

### **BEEF FAJITA** €14.95

Tender beef cooked in a Mexican Style sauce, served on a sizzling skillet, with tortilla bread and a trio of dips; guacamole, salsa & sour cream. With a side of chunky steak cut chips.

### **STEAK BURGER**

Homemade steak burger served on a floury bap with salad, coleslaw, gherkin & chunky steak cut chips.

**PLAIN -** €12.95

**SMOKEY BACON & CHEESE** €13.95

Streaky rashers of bacon topped with melted mozzarella cheese

**LOUISIANA BURGER** €13.95

Pineapple fritter, Jalapeno chillies & Relish

**MAYFLY BURGER** €13.95

Beef Tomatoes, Pesto & Cashel Blue Cheese

**FARMHOUSE BURGER** €13.95

Streaky rashers of bacon & a fried egg

## POULTRY

**SUPREME OF CHICKEN VIVIEN**- succulent breast of chicken

**€14.95**

topped with smoked bacon lardons, cheese & finished with homemade barbecue sauce served on a bed of spicy potato wedges & side salad

**TRADITIONAL CHICKEN CURRY**

**€13.95**

Medium spicy curry with tender chunks of chicken, peppers & onions served with rice and chunky steak cut chips

**CHICKEN FAJITA**

**€13.95**

Tender chicken cooked in a Mexican Style sauce, served on a sizzling skillet, with tortilla bread and a trio of dips; guacamole, salsa & sour cream. With a side of chunky steak cut chips.

*For more chicken dishes please see our pasta section...*

## SEAFOOD

**POACHED OR GRILLED SALMON**

**€14.95**

Served with baby potatoes & sugar snap peas, lemon Wedge & Dill Scented Hollandaise sauce

**TRADITIONAL FISH AND CHIPS WITH MUSHY PEAS €13.95**

On a Bed of chunky chips, served with lemon & tartar sauce.

**HOMEMADE FISH PIE**

**€14.95**

A symphony of seafood in a creamy fish sauce topped with piping hot mashed potato and browned in the oven. Real food for the soul!

**KING PRAWN FAJITA**

**€13.95**

Juicy fresh prawns cooked in a Mexican Style sauce, served on a sizzling skillet, with tortilla bread and a trio of dips; guacamole, salsa & sour cream. With a side of chunky steak cut chips.

**MARKET FRESH SPECIAL OF THE DAY**

**Market Price**

Please ask your server for the freshest fish on offer today

## PASTAS

**CHILLI CHICKEN PASTA** creamy & spicy sauté chilli chicken **€13.95**

In a Mushroom & shallot white wine sauce, finished with fresh tomato sauce & grated Parmesan cheese, served with a side salad and garlic bread

**HOMEMADE SPAGHETTI BOLOGNAISE** **€14.95**

Homemade Bolognese made with the freshest tomatoes & Italian herbs with minced beef on a bed of spaghetti with garlic bread on the side

**TAGLIATELLE CARBONARA**- creamy mushroom, shallot, **€13.95**

bacon, white wine sauce & pasta finished with fresh Pesto sauce & grated Parmesan cheese, served with a side salad and garlic bread

## VEGETARIAN

**ROASTED BELL PEPPERS** **€12.95**

Stuffed with savoury rice, spring onion & sweet corn drizzled with a tomato & basil sauce and topped with cheddar and Parmesan, served with Mayfly spicy wedges and a side salad.

**PRIMEVERA PASTA** **€13.95**

Fresh sauté vegetables & pasta of your choice in a tomato & basil sauce with or without chillies served with a side salad & garlic bread

## SIDE ORDERS

Chips €2.50

Creamed Potatoes €2.50

Fresh Vegetables €2.50

Mayfly Spicy Wedges €2.50

Baked potato €2.50

Crisp Seasonal Salad €2.50

Baby boiled potatoes €2.50

Onions & Mushrooms €2.50

Garlic Bread €2.50

## DESSERTS & AFTERS

Our pastry kitchen offers a large selection of homemade seasonal & classic dessert choices daily.

Please ask your server for today's menu choices.

## AFTER DINNER DRINKS

Espresso	€2.25	Tea	€2.00
Latte	€2.50	Green Tea	€2.20
Cappuccino	€2.25	Peppermint Tea	€2.20
Hot Chocolate	€2.25	Camomile Tea	€2.20
Irish Coffee	€5.00	Baileys	€4.20
French Coffee	€5.00	Tia María	€4.20
Calypso Coffee	€5.00	Grand Marnier	€4.20

# POACHERS



Bar & Restaurant

At

The Mayfly Hotel

Foxford

Co. Mayo

094 9256801

*"The air moved with mayflies. A shimmering curtain of spinners danced above the water, land, bushes and rocks; transferring everything solid with their ephemeral beauty"*